

Sample Lunch Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pepper Pot Soup Light chicken stock with bell peppers, onions, potatoes and celery.	Beef Tortellini Soup Beef tips and tortellini are paired in this beef broth based soup with carrots, celery and zucchini.	Tomato Soup Rich and smooth soup made with a flavorful tomato puree and delicately seasoned.	Cream of Mushroom Soup A smooth, rich soup made with mushrooms, cream and garlic.	Potato Leek Soup A thick and hearty blend of potato and leeks gets fresh flavor from rosemary and parsley.	Vegetable Soup Homemade vegetable soup with a tomato base features potatoes, green beans, cabbage, onions and carrots.	Cream of Chicken Soup Packed with chicken, thick and creamy.
Autumn Spinach Salad Fresh baby spinach tossed with red onions, crisp apple slices, bleu cheese and citrus dressing.	Tossed Green Salad Crisp greens, tomatoes, cucumbers, carrots, red cabbage & bacon. served with choice of dressing.	Harvest Fruit Salad Fresh oranges, apples and bananas served with sweet yogurt dressing.	Lettuce Wedge Salad With dressing of choice.	Citrus Tossed Salad Fresh greens tossed with pineapple, mandarin oranges and French dressing.	Seven Layer Salad Fresh greens layered with peas, celery, tomatoes, carrots, red cabbage, shredded cheddar cheese and bacon with dressing.	Artichoke Caesar Salad Romaine lettuce blend with artichokes, tomatoes and black olives in parmesan vinaigrette.
Crab Lorenzo Crab meat in a creamy cheese sauce, served over a pastry shell.	♥ BBQ Chicken Chicken breast baked in BBQ sauce until tender and mouthwatering.	♥ Beef Scaloppini Tender beef and mushrooms in herbed sauce.	Hearty Chili Kidney beans, ground beef and diced tomatoes slow simmered in spiced tomato sauce.	♥ Panko Crusted Fish Fillet Fish fillet coated with crunchy breadcrumbs and sautéed, then topped with fresh tomatoes.	Baked Catfish with Lemon Butter Baked catfish fillet with a lemon butter sauce.	♥ Beef Stroganoff Traditional dish of beef tips in sour cream and mushroom sauce.
Fried Chicken Chicken dredged in seasoned flour and cooked to golden brown.	Beef with Sun-dried Tomatoes Tender beef cubes simmered with sun dried tomatoes and herbs.	Cajun Pasta Fresca A new Orleans version of spaghetti tossed with fresh tomatoes, parmesan and mozzarella cheeses.	Chicken Caesar Salad Fresh greens topped with grilled chicken, shaved parmesan cheese and croutons and served with Caesar dressing.	Grilled Boneless Pork Chop Lightly seasoned grilled boneless pork chop.	Grilled Vegetable Pizza Specialty pizza with peppers, mushrooms, onions, zucchini, tomatoes and cheese.	Santa Fe Turkey Stuffed Pepper Fresh green pepper stuffed with seasoned ground turkey, beans, corn, tomato and cheese.
Seasoned Green Peas Orange Glazed Beets Sliced beets in an orange/lemon sauce.	Autumn Squash Casserole Lightly seasoned sliced zucchini and yellow squash. Prince William Blend Vegetable Broccoli, carrots, green beans and red peppers.	Palermo Vegetables A colorful blend of lima beans, baby carrots, Italian green beans and cauliflower.	Cottage Cheese with Peaches Sliced peaches and cottage cheese served on a bed of fresh greens.	Seasoned Greens Chopped greens, slow cooked with chicken broth and ham.	Stewed Tomatoes Old fashion southern style stew tomatoes with peppers, onions and bread cubes.	Buttered Yellow Squash
Au Gratin Potatoes Sliced potatoes smothered in cheddar cheese sauce. Seasoned Rice Steamed rice flavored with carrots and spices.	Oven Roasted Potatoes herbed and buttered roasted red skin potatoes.	Loaded Mashed Potatoes Mashed potatoes loaded with "the works" - sour cream, butter onions and chives.		Buttered New Red Potatoes Pinto Beans Slow cooked, with onions and ham.	Old Fashion Macaroni & Cheese Elbow Macaroni in creamy cheddar cheese sauce.	Parslied Noodles Extra wide egg noodles Finished with a parsley-butter sauce.
Fresh Baked Parker House Roll	Fresh Baked Parker House Roll	Homemade Cornbread	Corn Muffin Garlic Bread	Fresh Baked Parker House Roll	Fresh Baked Herbed Breadsticks	Garlic Bread
Coconut Cream Pie Sweetened toasted coconut is stirred into a homemade custard filling and baked into a pie shell.	Cheesecake New York style, creamy and rich.	Banana Cream Pie Lots of bananas and a creamy custard filling in a flaky crust.	Raspberry Blackout Bar Devils food cake with a creamy cheese raspberry filling.	Peach Cobbler Trifle Homemade yellow cake topped with a peach vanilla mousse.	Brownie Pie A flaky pie crust surrounds a rich brownie with a thin crust on top and in the middle a gooey, fudgy delight!	Pumpkin Pie Bread Pudding Pumpkin pie and bread pudding become a dynamic duo in this delicious dessert.

Sample Dinner Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cauliflower Chowder Creamy cauliflower chowder with bacon and garden fresh vegetables.	Southwest Chicken Soup This Southwest-inspired chicken soup is loaded with black beans, tomatoes, corn and topped with cheddar cheese.	Corn Chowder Creamy corn chowder - sweet corn, onion, carrot, celery, potatoes, red bell pepper, milk, and bacon.	Black Bean Soup Black beans, ham and onions are combined with a seasoned beef broth for this delicious cold weather soup.	Soup of the Day	Mushroom Barley Soup A hearty beef stock is the base in a soup of mushrooms and barley.	Roasted Pepper & Ricotta Soup Packed with chicken, thick and creamy.
Cottage Cheese & Pineapple Pineapple rings and cottage cheese served on a bed of lettuce.	Caesar Salad Romaine lettuce mix with croutons, parmesan cheese and creamy Caesar dressing.	Tossed Green Salad Crisp greens, tomatoes, cucumbers, carrots, red cabbage and bacon. Served with choice of dressing.	Spiced Apricots Apricots, brown sugar and allspice are blended together and served on a bed of lettuce.	Cranberry Spinach Salad Great blend of baby spinach, nuts, dried cranberries and bleu cheese with a hint of lemon. Served with your choice of dressing.	Wilted Lettuce Salad Lettuce topped with warm vinaigrette dressing and garnished with hard cooked egg wedges and chopped bacon.	Waldorf Salad Crisp apples, celery, walnuts and raisins in a creamy dressing.
Beef Pot Pie Sirloin tips, potatoes and vegetables nestled under a golden crust.	Penne & Sausage in a Cream Sauce Penne pasta, Italian sausage and asparagus in a garlic tomato cream sauce.	♥ Chicken & Dumplings Boneless chicken with vegetables and dumplings in a light chicken gravy.	Homemade Lasagna Traditional homemade lasagna with ground beef and three cheeses.	Tender Beef Tips & Mushrooms Sirloin tips, onions and sliced mushrooms in brown sauce.	Herb Roast Pork Roasted pork loin seasoned with herbs and garlic.	♥ BBQ Chicken Chicken breast baked in BBQ sauce until tender and mouthwatering.
Turkey Reuben Sandwich Turkey, Swiss cheese and sauerkraut grilled on rye bread. Served with pickle chips.	♥ Seafood Quiche Shrimp and Swiss cheese baked into a delicious quiche.	Salisbury Steak Baked seasoned ground beef patties topped with brown mushroom sauce.	Ham & Penne Milano Penne pasta tossed in a cream sauce with ham, broccoli and red peppers.	Turkey & Rice Casserole Blend of turkey, rice, mushrooms, onions and celery in cream sauce topped with breadcrumbs and cheddar cheese.	♥ Chicken Salad & Fruit Plate Homemade chicken salad and fresh fruit cold plate.	Grilled Cheese Deluxe
Italian Green Beans Flat green beans flavored with Italian seasoning. Creamy Coleslaw	Broccoli Florets Lightly seasoned and steamed. Seasoned Brussels Sprouts	Grilled Asparagus & Carrots Asparagus and baby carrots with herb seasoning. Baby Lima Beans	Green Beans & Mushrooms Baby Carrots	Green Peas Buttered Yellow Squash	Chuckwagon Corn Whole kernel corn with peppers, bacon, onions and pimiento.	Roasted Cauliflower Onion Rings Breaded onion rings fried until crisp and golden brown.
Potato Triangle Crispy hash browns formed into a triangle.		Potatoes Romanoff Tasty blend of shredded potatoes, sour cream, green onions and cheddar cheese.		Garden Blend Rice White rice blended with mushrooms, chives, pimento and peas.	Rosemary Potato Wedges Potato wedges tossed in herbed breadcrumbs and baked.	Steakhouse Potato Salad Red skin potato salad in a bacon, cheddar ranch dressing.
Fresh Baked Parker House Roll	Blueberry Muffin Garlic Bread	Breadstick	Italian Bread	Fresh Baked Parker House Roll	Fruited Muffin	Cornbread
Cocoa-Cola Cake A moist chocolate cake topped with a chocolate Coca Cola frosting.	Peanut Butter Cheesecake Bar Peanut butter cheesecake dessert with a oatmeal cookie crust.	Harvest Apple Cake Apples and walnuts are folded into a cinnamon-spiced cake.	Chocolate Mint Crumble Devil's food cake with a cream cheese and mint batter.	Blueberry Peach Cobbler Blueberries and peaches work well together in this delicious cobbler.	Banana Split Cake Sink into these layers of graham crackers crumbs, vanilla pudding, bananas, crushed pineapple and whipped topping.	Glazed Spice Cake Super moist fragrant cake with plenty of spice.